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Shabbat P. Behar-Bechukotai,

Sat. 19 - 20 May 2017 - 24th of Iyyar, 5777 -

שבת פ' בהר-בחוקתי - פרק ה'

כד אייר תשע"ז Issue Number 794

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|--------------------|---------------|---------------|
| Baal Koreh | Mr Jacob Oved | (Page-696). |
| Mufteer & Haftarah | Mr David Gigi | (Page -1179). |

Mevarchin Hahodesh מברכין החודש
Rosh Hodesh Sivan on Fri. ראש חודש סיון ביום ששי.

Shir Hashirim, Mincha, Kabalat Shabbat & Arbit. 19:00

Shabbat Candles. 20:37

Shabbat Shahrit - Followed by Kiddush. (Shema 8:23). 08:30

Daf Hayomi with Rabbi Asher Sebbag Shlit"a. 19:15

Mincha Shabbat Followed by Seuda Shlishit. (Sunset - 20:53). 20:15

Arbit Motzei Shabbat followed by Havdalah. 22:01

Shahrit Weekday - Sunday - Shahrit (07:30). (Mon & Thu 06:40) 06:45

Daf Hayomi with Rabbi Asher Sebbag Shlit"a. 18:00

Mincha & Arbit 19:00

Shir Hashirim, Mincha, Kabalat Shabbat & Arbit. 19:00

Shabbat Candles. **P. Bamidbar.** 20:46

Behar(Leviticus 25:1-26:2)

Behar-Bechukotai 5777

GOOD MORNING! Who is the wise person? Our sage, Ben Zoma, tells us, "He who learns from all people" (Pirke Avos, Ethics of the Fathers 4:1). Recently, I received an email entitled "8 Things Happy People Do Differently." My response was, "WOW! This is tremendous wisdom that I want to share with all my readers. So, here are:

8 THINGS HAPPY PEOPLE DO DIFFERENTLY

1. **Express gratitude** -- Never let the things you WANT make

you forget about the things you HAVE.

2. **Savor life's joys** -- The real beauty is in each precious moment. Stop and smell the roses.

3. **Commit to your goals** -- Most people who fail at reaching their dream, fail not from lack of ability, but from lack of commitment.

4. **Cultivate optimism** -- Stay positive. When it rains, look for rainbows. When it is dark, look for stars.

5. **Stop over-thinking** -- Thinking too much only

complicates your life and creates a problem that wasn't even there in the first place.

6. **Avoid social comparison** --

Most of our insecurities come from comparing our behind-the-scenes with other people's highlight reel.

7. **Increase flow experience** --

Flow is a state where you are so focused it feels like time is standing still. Doing what you love and challenging yourself is how you get there.

8. **Nurture your relationships** --

The happiest people alive have deep, meaningful relationships. Nurture them and watch them grow.

While I am sharing insights into happiness, the following should be of great help:

RULES FOR A HAPPY HOME

If you drop it, pick it up.

If you break it, fix it.

If you eat or drink out of it, wash it.

If you step on it, wipe it off.

If you open it, close it.

If you empty it, refill it.

If it rings, answer it.

If it howls, feed it.

If it cries, love it.



TORAH PORTION OF THE WEEK

Behar-Bechukosai, Leviticus 25:1 -27:34

Behar begins with the laws of *Shemittah*, the Sabbatical year, where the Jewish people are commanded not to plant their fields or tend to them in the seventh year. Every 50th year is the *Yovel*, the Jubilee year, where agricultural activity is also proscribed.

These two commandments fall into one of the seven categories of evidence that God gave the Torah. If the idea is to give the land a rest, then do not plant one-seventh of the land each year. To command an agrarian society to completely stop cultivating every 7th year one has to be either God or a *meshugenah* (crazy).

Also included in this portion: redeeming land which was sold, to strengthen your fellow Jew when his economic means are faltering, not to lend to your fellow Jew with interest, the laws of indentured servants. The portion ends with the admonition to not make idols, to observe the

Shabbat and to revere the Sanctuary.

The second portion for this week, Bechukosai, begins with the multitude of blessings you will receive for keeping the commandments of the Torah. (Truly worth reading!) It also contains the *Tochachah*, words of admonition, "If you will not listen to Me and will not perform all of these commandments..." There are seven series of seven punishments each. Understand that God does not punish for punishment's sake; He wants to get our attention so that we will introspect, recognize our errors and correct our ways. God does not wish to destroy us or annul His covenant with us. He wants us to know that there are consequences for our every action; He also wants to get our attention so that we do not stray so far away that we assimilate and disappear as a nation. I highly recommend reading Lev. 26:14 - 45 and Deut. 28.

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Dvar Torah

based on Growth Through Torah by Rabbi Zelig Pliskin

The Torah states:

"Your money you shall not give him for interest" (Leviticus 25:37).

Why does the Torah forbid lending money for interest?

Rabbi Chaim Shmuelevitz, former *Rosh Hayeshiva* of the Mir Yeshiva, explains: The Torah wants to train us to do acts of kindness for others without any gain at all. Not only is it forbidden to receive money for lending money, but the person who borrowed the money is not allowed to do any special favors for the person who lent him the money. When you lend someone money, you are doing so only because you want to help this person and you know that you will not be receiving anything material in return.

There is a strong tendency for people to keep asking, "What's in this for me?" When they do not see any personal profit or benefit in what they are doing, they are not frequently motivated to take action. The Torah ideal, however, is that we should develop the attribute of helping others for no ulterior motive. Do kindness for the sake of the kindness itself. This is the Torah's lesson in the commandment to lend others

money without any form of personal gain.



Shabbat Shalom,
Kalman
Rabbi Kalman
Packouz

Mazel tov to: Pamela and Solomon for their golden wedding anniversary. The kiddush is presented for the occasion.

Mazel tov to: Daniel & Denise Frohwein and David & Evelyn Garbacz on the engagement of their children Sarah to Oliver. Mazal tov also to Grandparents James & Tonia Frohwein, Charles & Kathleen Morris, Vera Garbacz and Sarah Noa.

Seuda Shelishit: presented by Abraham Peretz in memory of his grandfather **Abraham** ben Itsak & Haya Hagege ז"ל. And his uncle **Khalifa** ben yehouda ve Messaouda Debase ז"ל.

ברוכים הבאים

Welcome to all who are visiting our Kehilla this Shabbat if you would like to enjoy a Shabbat meal at home of one of our members, please approach the honorary officers and they will be pleased to arrange this for you.

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

| | |
|-----------------------------|--------------------------------|
| 01 Iyar Miss Florence David | 12 Iyar Mr Meir Fattal |
| 01 Iyar Mrs Bekhor | 15 Iyar Mrs Esther Silas |
| 04 Iyar Mrs Annie Benjamin | 18 Iyar Mr Saul Ceasar Hannuna |
| 06 Iyar Mr Abraham S. Cohen | 19 Iyar Mr Abraham S. Cohen |
| 08 Iyar Mr Joseph Laniado | 26 Iyar Mrs Tiba David |
| 12 Iyar Mr Harry Fattal | 29 Iyar Mr Charles Benaiah |
| 12 Iyar Mr Jack Fattal | |

“ Quote of the Week ”

Logic will take you from point A to point B.
Imagination will take you everywhere.